

# Churchland High School Activities Update

Churchland High School Activities  
4301 Cedar Lane Portsmouth, VA  
757-686-2500

3/1/2017


Volume 1


Mr. Shawn L. Millaci, Principal


Michael Whittington, Activities Director

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 Churchland AD

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## Spring Sports in Full Swing Support Trucker Activities

The spring sports season is upon us, and Churchland High School will be participating in all VHSL spring sports. In order to participate in spring

Letter. In addition to spring sports, other Churchland sports teams will be participating in offseason conditioning and workouts.

### Spring Sports Requirements:

2.0 GPA

Concussion Education Letter

Completed and Current VHSL Physical Form

sports, student athletes must have a 2.0 GPA, a completed VHSL Physical Form, and a signed Concussion Education

See your coach or Coach Whittington in the AD's office for details.

## Schedule for the Week: Catch a Game!!

### Thursday March 2:

JV Softball (Scrimmage)  
Home vs. Norview 4:00 pm

Varsity Softball (Scrimmage)  
Away vs. Norview 4:00 pm

### Friday March 3: Varsity

Baseball and JV Baseball  
(Scrimmage) Home vs.  
Hampton 4:30 pm

## Spring Sports

Churchland High School offers the following Spring Sports:

- Varsity Baseball
- JV Baseball
- Varsity Softball
- JV Softball
- Boys Tennis
- Girls Tennis
- Boys Outdoor Track
- Girls Outdoor Track
- Boys Soccer
- Girls Soccer

Spring Sports Coaches:

Varsity Baseball- Younkins

JV Baseball- Denette

Varsity Softball- Arrington

JV Softball- Smith

Boys Tennis- Ronemus

Girls Tennis- Schutz

Girls Track- Broady

Boys Track- Ricks

Boys Soccer- Baumgardner

Girls Soccer- Scholl